

荃灣地區康健中心

Tsuen Wan District Health Centre

服務內容

本院營運的荃灣地區康健中心，主中心自2022年12月30日開始運作。在2023年，本院還為荃灣地區康健中心新增了四個附屬中心和一輛流動健康快車，以全面覆蓋荃灣區，為居民提供服務。荃灣地區康健中心於2023年12月15日舉行了隆重的正式開幕典禮。感謝荃灣區的各界友好和街坊對我們的大力支持，荃灣地區康健中心得以運作順利。截至2023年底，中心會員人數已經突破一萬二千多人。

隨著本院營運的荃灣地區康健中心在2023年全面投入服務，它將成為荃灣區內不可或缺的醫療健康資源樞紐。荃灣地區康健中心透過以地區為本及以預防為中心的服務，提升市民整體健康，減輕公營醫院的壓力。中心的跨專業團隊由護士、物理治療師、職業治療師、營養師、藥劑師、社工和行政人員組成，為市民提供健康推廣、健康評估、慢性疾病管理和社區復康服務。在健康服務上，中心積極與不同醫療相關團體合作，合辦多個講座，並定期舉辦不同主題活動。例如於流感高峰期，安排接種季節性流感疫苗，以及安排免費血糖檢測活動等。

另外，中心亦全力配合政府於2023年11月中，重點推行的「慢性疾病共同治理先導計劃」。由中心護士以「個案經理」的角色，為合資格市民度身訂造健康管理方案，協助他們獲得便捷的糖尿病及高血壓篩查服務，並實踐「一人一家庭醫生」理念。

中心作為市民參與「慢性疾病共同治理先導計劃」的首個接觸點，積極向區內市民宣傳。除了透過拍攝短片和加強在社交媒體上的宣傳外，亦於2023年11月在荃灣荃新天地舉行了「健康人生由此起」活動。活動當日不但邀得心臟科醫生向市民分享慢性疾病相關知識，更有多個地區友好團體獻上精彩表演，場面熱鬧。



一眾董事局成員及職員祝賀荃灣北附屬中心開幕
The Board members and staff celebrates the opening of Tsuen Wan North Satellite Centre

Services

The Tsuen Wan District Health Centre (TWDHC), operated by the Yan Chai Hospital Board, began operating its core centre on 30 December 2022. In 2023, in addition to the core centre, TWDHC has also launched four satellite centres and a mobile health truck, aiming to provide comprehensive service coverage to the residents in the Tsuen Wan area.

The Tsuen Wan District Health Centre held its Grand Opening Ceremony on 15 December 2023. We appreciate the full support of our friends in the district making the Tsuen Wan District Health Centre to run smoothly. As of the end of 2023, the number of members of TWDHC has breakthrough 12,000.

With the full commencement of the Tsuen Wan District Health Centre (TWDHC), operated by the Yan Chai Hospital Board, in 2023, it will be the fundamental hub for district healthcare resources. TWDHC as the hub for enhancing community-based and prevention-focused primary healthcare services to improve the overall health of our population and alleviate the pressure on public hospitals. The multidisciplinary team of TWDHC is composed of Nurse, Physiotherapist, Occupational therapist, Dietitian, Pharmacist, Social worker and Administrative staff, providing services in health promotion, health assessment, chronic disease management and community rehabilitation. In providing health services, TWDHC actively coordinates with different medical related organisations, holding various kind of talks and holding different thematic events regularly, for example at influenza peak season, providing seasonal influenza vaccines for the public and arranging free blood glucose measurement event in November.

Also, TWDHC fully support the execution of the "Chronic Disease Co-care Pilot Scheme" (CDCC pilot scheme), officially launched in mid-November 2023, the Nurses of TWDHC representing their role as the "case managers", to provide a tailored health management plan for Scheme Participant to provide convenient screening services for diabetes mellitus and hypertension, realising the goal of "Family Doctor for All".

TWDHC, as the first point of assisting Hong Kong residents to participate the CDCC pilot scheme, promoting the pilot scheme to the public actively. Apart from shooting promotion videos and strengthen the promotion on social media, TWDHC also held the "Healthy life, Starts at here" event at Citywalk, Tsuen Wan in November 2023. On the event day, there were cardiologist sharing chronic disease related knowledge to the public, and also our partner organisations in the district to perform, the scene was so lively.

荃灣地區康健中心流動健康快車穿梭區內不同地點，為市民服務
Tsuen Wan District Health Centre mobile health truck travels to different spots in the district serving the Tsuen Wan residents

