

荃灣地區康健中心

Tsuen Wan District Health Centre



荃灣地區康健中心流動健康快車定期到訪荃灣區屋苑、商廈和商場，作健康教育、健康諮詢及健康風險評估
TWDHC Mobile Services Van travels to different Estates, Commercial Buildings and Shopping Malls in the district regularly providing services including health education, on the spot health risk assessment and health consultation



中心定期到區內屋苑合辦健康講座，並即場為市民登記做會員
TWDHC holding education talks in private estates regularly and recruiting members on the site

服務內容

本院營運的荃灣地區康健中心，自2022年12月開始運作，至今已超過兩年。中心擁有四個附屬中心，分別位於石圍角、荃灣千色匯、深井及曹公坊，並配合流動健康快車，全面覆蓋荃灣區，為居民提供服務。至2024年底，中心的會員人數已突破25,000人。

荃灣地區康健中心作為區內的健康資源樞紐，致力為社區提供全面、持續且以人為本的基層醫療服務。市民可免費登記成為會員，護士將提供一對一的健康風險評估，並展開健康人生計劃，這包括慢性疾病和癌症篩查、各種疫苗接種及不同健康班組活動的安排。對於45歲或以上且未有已知糖尿病或高血壓病歷的香港居民，亦可通過本中心參加「慢性疾病共同治理先導計劃」。為促進社區健康，中心會與區議員、關愛隊等團體合作舉行講座，並派出外展隊到公共屋邨或私人屋苑提供服務。中心的流動健康快車會定期前往不同地點，提供健康教育、即時健康風險評估及健康諮詢服務，範圍相當廣泛。

Services

The Tsuen Wan District Health Centre, operated by the Board, has been in operation since December 2022 and has surpassed two years of service. The centre has four affiliated locations in Shek Wai Kok, Kolour Tsuen Wan, Sham Tseng, and Tso Kung Square, in addition to the Mobile Services Van, providing comprehensive coverage for the Tsuen Wan area. By the end of 2024, the number of centre members has exceeded 25,000.

As a key health resource hub in the district, the Tsuen Wan District Health Centre is dedicated to providing comprehensive, sustainable, and people-centred primary health care services to the community. Residents can register for free membership at the centre, where nurses will provide one-on-one health risk factors assessments and initiate health life plans, including chronic disease and cancer screening, various vaccinations, and arrangements for different health classes. Hong Kong residents aged 45 or above without known diabetes or hypertension can participate in the "Chronic Disease Co-care Pilot (CDCC) Scheme" through the Tsuen Wan District Health Centre. To promote community health, the centre collaborates with district councillors and care teams to hold seminars and sends outreach teams to public housing estates or private residences for services. The Mobile Services Van regularly visits different locations to provide health education, immediate health risk factors assessments, and health consultation services, covering a wide range of areas.

展望

新的一年，荃灣地區康健中心將積極推行特區政府的《基層醫療健康藍圖》，全力執行政府的「慢性疾病共同治理先導計劃」，為市民提供便捷的篩查服務。此外，中心將持續協調社區內各醫療專業及公私營基層醫療服務機構，加強與關愛隊、社福機構等相關持份者的合作。

Future Development

In the coming year, the Tsuen Wan District Health Centre will actively implement the Hong Kong Special Administrative Region's "Blueprint for Primary Healthcare", fully executing the government's CDCC Scheme to provide residents with convenient screening services. Furthermore, the centre will continue to coordinate with various medical professionals and public and private primary healthcare service providers in the community, deepening cooperation with care teams, social welfare organisations, and other relevant stakeholders.



醫務衛生局李夏茵副局長和彭飛舟專員向區議員介紹《基層醫療健康藍圖》最新的工作進展，包括「慢性疾病共同治理先導計劃」的參與情況。多位荃灣區議員，包括仁濟醫院董事局張文嘉主席及朱德榮副主席親臨支持。The Under Secretary for Health, Dr. Libby LEE Ha-yun, and the Commissioner for Primary Healthcare, Dr. PANG Fei-chau, briefed DC members on the concept and latest work progress of the Primary Healthcare Blueprint, including participation in the Chronic Disease Co-Care Pilot Scheme. The Tsuen Wan District Council members including Dr. CHEUNG Man-ka, Marcella, Board Chairman and Mr. CHU Tak-wing, MH, Vice-chairman, MH attended to show support.



荃灣地區康健中心一直與區內關愛隊及團體緊密合作，定期合辦講座及參觀，又合作到訪各屋苑外展，為區內市民服務。TWDHC works closely with the Care Teams and Organisations in the district by holding education talks and visits regularly. Also, it arranges outreach visits to the estates to serve the members of the district.



「健康人生由此起」一切從心開始健康宣傳活動，鼓勵市民參加政府資助的糖尿病和高血壓篩查，以及心臟健康管理。"Healthy life, Starts from the Heart" promotional event, which encouraged members of the public to participate in the Government subsidised Diabetes Mellitus (DM) and Hypertension (HT) Screening and manage their cardiac health.