# 中醫藥服務

### **Chinese Medical Services**







#### 仁濟中醫發展背景

中醫藥學蘊藏著中華民族傳承數千年的養生理念及實踐經驗,是中國古代科學不可或缺的一部分。2019年5月世界衛生組織正式將中醫納入《全球醫學綱要》中,中醫的疾病分類和療法,在未來將會有統一名詞,而在中醫管理與研究方面,亦會有正面的影響。香港的中醫藥業正迅速發展,除逐步加強對中醫藥的規範外,政府亦於2022年發表的《施政報告》闡明加強中醫藥在基層醫療發展藍圖扮演重要的角色。而醫院管理局更於全港十八區完成設置三方協作中醫診所暨教研中心,由2020年3月起推動新營運模式,進一步將中醫藥服務納入香港醫療體系。

本院自1998年於荃灣成立第一間中醫門診以來,致力為廣大市民提供優質的中醫藥服務。於2002年,在中國銀行(香港)的鼎力支持下,本院於西營盤西邊街開設第二間中醫門診一「仁濟醫院中銀醫療中心-中醫診所」,為該區居民提供中醫服務。

在2003年,本院成為首批與醫院管理局合辦中醫門診的醫院之一,與醫院管理局簽訂合作備忘,共同開辦「仁濟醫院-香港浸會大學中醫教研中心(仁濟)」。在2007年,本院再次與醫院管理局合作,於葵青區開辦「仁濟醫院暨香港浸會大學中醫診所及臨床教研中心(下葵涌)」。中心以腫瘤科為主軸,輔以針灸科,冀能為有關治療及醫學帶來新的契機。2009年,本院的中醫服務拓展至九龍區,於長沙灣政府合署與醫院管理局合作開辦第三間中醫教研中心一「仁濟醫院-香港浸會大學中醫教研中心(西九龍)」。

由2020年3月1日起,本院三間教研中心因應醫院管理局新營運合約推行政府資助服務,為市民提供內科及針灸治療。三間教研中心亦分別修改名稱為「仁濟醫院—香港浸會大學中醫診所暨教研中心(荃灣區)」、「仁濟醫院—香港浸會大學中醫診所暨教研中心(葵青區)」及「仁濟醫院—香港浸會大學中醫診所暨教研中心(深水埗區)」。

本院以滿足不同區域的市民對中醫服務的需求為目標,分別於荃灣區及西貢區開設「仁濟醫院曾卓明中醫痛症中心」及「仁濟醫院西貢社區中醫診所」,而位於長沙灣的「綜合醫療中心」亦於2018年正式啟用,當中附設中醫診症服務。在2016年,本院欣獲善長捐助,於西營盤的中醫診所增設「仁濟醫院吳曦明中醫診室」,以服務更多區內居民。

除醫療服務外,本院亦十分重視健康推廣,特意安排註冊中醫師在全港各區主講不同主題的中醫健康教育講座,即使於新冠疫情爆發期間亦透過線上講座方式向大眾灌輸中醫藥保健知識,並以優質中藥材搭配出多款切合不同時令的保健湯包和花草茶,旨在提高大眾對預防保健和養生的意識,鼓勵市民及早調理身體,防患未然。

### The Development of Yan Chai Chinese Medicine Services

Traditional Chinese Medicine (TCM) has a history of thousands of years. It is the integration of the precious experience of understanding life, maintaining health, and fighting diseases accumulated in daily life and medical practice. It is also a paramount element of Chinese culture development. In May 2019, the World Health Organization officially included Chinese Medicine in the "International Classification of Diseases". In the future, there will be corresponding unified terms for the classification and treatment of diseases in Chinese Medicine. Meanwhile, the government has revealed the Policy Address in 2022 to emphasize the significant role of Chinese Medicine on driving the primary healthcare development blueprint. This will have a positive impact on the management and research direction of Chinese Medicine.

Yan Chai has committed to the development and promotion of the conventional medical culture of Chinese therapy and herbal medicine since the establishment of the first Yan Chai Chinese Medicine Clinic in Tsuen Wan in 1998. With the generous support from the Bank of China (Hong Kong), we established the second Yan Chai Chinese Medicine Clinic in Sai Ying Pun, namely Yan Chai Hospital BOC Medical Centre - Chinese Medicine Clinic, in 2002.

With the implementation of new service model in 18 district's tripartite Chinese Medicine clinics by Hospital Authority since March 2020, traditional Chinese Medicine is becoming more significant in Hong Kong's healthcare system. Yan Chai is honored to participate since the initial stage with the Hospital Authority for setting up of the new Chinese Medicine clinic. In 2003, a Memorandum of Understanding was signed between the Hospital Authority and Yan Chai on the establishment of the "Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Centre for Training and Research (Yan Chai).

The "Yan Chai Hospital cum Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Ha Kwai Chung)" was the second clinic set up in by Yan Chai cooperation with the Hospital Authority and renowned universities in 2007 and it provides a more convenient option to the residents in Kwai Tsing District for our Chinese Medicine services. This clinic specializes in Oncology and offers Acupuncture Services. In 2009, the "Yan Chai Hospital - Hong Kong Baptist University Clinical Centre for Training and Research in Chinese Medicine (West Kowloon)" located in Cheung Sha Wan Government Office have started their services and extended our network to West Kowloon.

Since March 2020, with the support of the Government, the three abovementioned tripartite Chinese medicine centres have started to provide subsidized Chinese Medicine general consultation and acupuncture services. The centres are also renamed as "Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Tsuen Wan District)", "Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Kwai Tsing District)" and "Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Sham Shui Po District)" with effect from March 2020 as to better reflect their roles and functions under Hospital Authority's new service model.

To further develop our Chinese Medicine services, we established the "Yan Chai Hospital Wilson Tsang Churk-ming Traditional Chinese Medicine (TCM) Pain Treatment Centre" and "Yan Chai Hospital Sai Kung Community Chinese Medicine Clinic" in Tsuen Wan and Sai Kung respectively for provision of acupuncture and general TCM service to the community. Integrated Medical Centre which is located in Cheung Sha Wan, has been opened in 2018, in which Chinese Medical Service is also provided. In order to meet the soaring demand for Chinese Medicine service, the clinic in Sai Ying Pun was expanded in 2016 under generous support from donor. The new division, namely "Yan Chai Hospital Ng Hei Ming Chinese Medicine Unit", is now in service for more patients in the district.

In addition to the medical care services provided by these clinics, our Registered Chinese Medicine Practitioners have hosted various kinds of talks and workshops in different districts in Hong Kong to increase the public's health awareness and encourage early action for preventing disease from worsening and relapsing. Even during the COVID-19 epidemic since 2020, we have still arranged different online health talks and seminars for indoctrination of post COVID-19 rehabilitation and relief treatment knowledge to the general public from the perspective of Chinese Medicine.







### 仁濟醫院一香港浸會大學 中醫診所暨教研中心(荃灣區)

於2003年成立,並於2015年遷至荃灣仁濟醫院新大樓的「仁 濟醫院—香港浸會大學中醫診所暨教研中心(荃灣區)」面 **積超過九千平方呎**,中心現時設有十一間診症室、兩間針灸 室(總數二十六張針灸床)、一間評估室及中藥房。本中心 除提供普通科門診外,更提供不同的專家門診服務,包括內 科、皮膚科及針灸科。此外,中心於2020年3月1日起提供政 府資助中醫服務及公務員診症服務,包括內科及針灸科,其 後於2022年7月起再增設多一間內科診症室以提升公務員診症 籌額,以便應付更多人士的醫療需要。

為應對2019新型冠狀病毒病第五波疫情,中心應醫管局邀請 於2022年3月開展「中醫門診特別診療服務」,為在本港公立 醫院接受2019新型冠狀病毒病治療後出院的人士,以及完成 遵照社區或家居檢疫隔離令的人士,提供免費的中醫內科門 診復康服務。同時,中心亦於2022年4月起開展「安老院舍遙 距視像診症服務」及「中醫電話諮詢服務」,分別安排註冊 中醫師透過線上遙距方式替染疫的安老院舍職員或長者提供 內科診症,以及派駐中醫師於醫管局電話熱線中心解答市民 對中醫藥方面的查詢,把本院中醫服務進一步推展至不同人 士,突破地域界限。

為方便市民大眾及提高服務效率,中心實施中醫病歷電子 化,有關的醫療臨床數據均儲存於醫院管理局的資訊系統 內,中心職員只需讀取覆診咭的條碼,便可取得所需資料。 診所內更設有恒温恒濕的中藥存倉,備有約590種中草藥及 顆粒,為求診者提供各種優質中藥材。中藥房除提供中草藥 外,亦設有免煎中藥顆粒及煎藥服務,以配合求診者的不同 需要。為進一步拓展中心服務,中心亦於區內安老院舍及仁 濟醫院內提供外展針灸服務及中醫藥健康講座,以應付日益 增加的需求。



仁濟醫院—香港浸會大學中醫診所暨教研中心(荃灣區)提 供公務員中醫服務

Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Tsuen Wan District) provides Chinese Medicine services for Civil Service Eligible Persons.

#### Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Tsuen Wan District)

Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Tsuen Wan District) has been relocated to our newly constructed "Yan Chai Hospital Community Health and Wellness Centre" in early 2015. The new centre has a larger floor area of 9,000 ft<sup>2</sup> and is now furnished with 10 consultation rooms, 2 acupuncture rooms with 26 beds in total. an assessment room and a Chinese medicine dispensary. The clinic provides general out-patient services and specialized out-patient services (including Internal Medicine, Dermatology and Acupuncture). In addition, the introduction of Government-subsidised CM service and designated out-patient services to Civil Service Eligible Persons (including Internal Medicine and Acupuncture) since March 2020 has also better addressed the public need of the health care. Subsequently, the designated out-patient services to Civil Service Eligible Persons on Internal Medicine had been enhanced since July 2022 by setting up an additional general consultation room with increased service quotas.

In order to tackle the upsurge demand amid the fifth wave of COVID-19 epidemic, the clinic has been invited by Hospital Authority to launch the Special Chinese Medicine (CM) Out-patient Programme for COVID-19 infected persons being discharged from public hospitals or community isolation facilities, as well as those who have completed home isolation order so as to receive complementary COVID-19 relief treatment since March 2022. This programme provides an alternative rehabilitation treatment for the infected persons of community from the perspective of Chinese medicine. Meanwhile, the clinic has also been invited by Hospital Authority to launch the Chinese Medicine Services for Residential Care Homes for the Elderly Programme and Chinese Medicine Telephone Enquiry Services since April 2022 by deploying our registered Chinese Medicine Practitioners (CMPs) to provide telemedicine consultation services for those infected COVID-19 persons at elderly homes, as well as deploying our CMPs to station at the call centre of Hospital Authority to answer incoming phone calls of citizens regarding their enquiries of Chinese medicine, of which these add-value services have been extended to different groups of the community amid the epidemic.

Additionally, a computerized and centralized database system has been developed for a more efficient management of medical records. The clinic is equipped with a 24-hour temperature-and-humiditycontrolled herb storage room for keeping around 590 different types of Chinese herbs and granules. In order to meet the diversified needs of patients, we provide both traditional Chinese herbs and concentrated Chinese Medicine granules. Modernized herbal decocting and packing machines have also been installed to offer more convenient and efficient services to the patients. In regard to the extension of clinic services, the clinic offers acupuncture service and Chinese Medicine health talk to in-house patients of Yan Chai Hospital and elderly centres in Tsuen Wan.



仁濟醫院一香港浸會大學中醫診所暨教研中心(荃灣區)診所環境 The environment of Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Tsuen Wan





# 仁濟醫院—香港浸會大學中醫診所暨教研中心(葵青區)

位於下葵涌分科診所及特殊教育中心之「仁濟醫院—香港浸會大學中醫診所暨教研中心(葵青區)」於2007年成立,面積超過六千平方呎。中心內設有七間診症室、兩間針灸房(總數十三張針灸床)、一間評估室及中藥房。中心除普通科門診外,同時亦提供中醫專家門診服務,包括內科、呼吸系統科、腫瘤科及針灸科。中心實施中醫病歷電子化、設有恒温恒濕的中藥存倉及煎藥服務,備有約606種中草藥及顆粒,以滿足服務使用者的需要。

除致力發展為腫瘤科專家門診外,中心亦提供其他多元化服務,包括於瑪嘉烈醫院荔景大樓推行外展針灸服務、與瑪嘉烈醫院合作提供中西醫協作先導計劃(癌症紓緩治療)、增設兒童行為障礙(如自閉症、學習障礙、專注力不足、過度活躍症等)中醫綜合治療、撰寫中醫健康文章等。此外,中心由2020年3月1日起推出政府資助中醫服務,致力滿足市民對中醫藥服務的需求。

為應對2019新型冠狀病毒病疫情,中心應醫管局邀請於2020年12月開展「中醫門診特別診療服務」,為在本港公立醫院接受2019新型冠狀病毒病治療後出院的人士,以及完成遵照社區或家居檢疫隔離令的人士,提供免費的中醫內科門診復康服務。同時,中心亦於2022年4月起開展「安老院舍遙距視像診症服務」及「中醫電話諮詢服務」,分別安排註冊中醫師透過線上遙距方式替染疫的安老院舍職員或長者提供內科診症,以及派駐中醫師於醫管局電話熱線中心解答市民對中醫藥方面的查詢,把本院中醫服務進一步推展至不同人士,突破地域界限。

# に に 本語院一香港浸會大學中醫診所暨教研中心 (葵青區) 診所に 環境 The environment of Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum

Training and Research Centre (Kwai Tsing District)

#### Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Kwai Tsing District)

Situated in Ha Kwai Chung Polyclinic and Special Education Centre, the 6,000 ft² Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Kwai Tsing District) is furnished with 7 consultation rooms, 2 acupuncture rooms with 13 beds in total, an assessment room and a Chinese Medicine dispensary. The clinic provides general out-patient services and specialized out-patient services (including Internal Medicine, Respiratory Medicine, Oncology and Acupuncture).

Additionally, a computerized and centralized database system has been developed in this centre for a more efficient management of medical records. The clinic is equipped with a 24-hour temperature-and-humidity-controlled herb storage room for keeping around 606 different types of Chinese herbs and granules. In order to meet the diversified needs of patients, we provide both traditional Chinese herbs and concentrated Chinese Medicine granules. Modernized herbal decocting and packing machines have also been installed to offer more convenient and efficient services to the patients.

Besides endeavoring to become an oncology specialist centre, it is also dedicated to broaden the variety of services in order to fulfil the rising demand and needs for Chinese Medicine services, including professional outreach acupuncture teams to serve patients in Lai King Building of Princess Margaret Hospital, cooperating with Princess Margaret Hospital to provide Integrated Chinese-Western Medicine (ICWM) Pilot Programme in Cancer Palliative Care, tackling behavioral disorders among children as well as providing workshops and free health seminars. Furthermore, the introduction of Government-subsidised CM service in March 2020 has also better addressed patients' need for primary health care at district level

As invited by the Hospital Authority, the clinic has also launched the Special Chinese Medicine (CM) Out-patient Programme for COVID-19 infected persons being discharged from public hospitals or community isolation facilities, as well as those who have completed home isolation order so as to receive complementary COVID-19 relief treatment since December 2020. It provides an alternative rehabilitation treatment in Chinese Medicine for COVID-19 discharged persons.

Same as the YCHCMC (Tsuen Wan District), this clinic has also been invited by Hospital Authority to launch the Chinese Medicine Services for Residential Care Homes for the Elderly Programme and Chinese Medicine Telephone Enquiry Services since April 2022 by deploying our registered Chinese Medicine Practitioners (CMPs) to provide telemedicine consultation services for those infected COVID-19 persons at elderly homes, as well as deploying our CMPs to station at the call centre of Hospital Authority to answer incoming phone calls of citizens regarding their enquiries of Chinese medicine, of which these add-value services have been extended to different groups of the community amid the epidemic.





### 仁濟醫院-香港浸會大學 中醫診所暨教研中心 (深水埗區)

於2009年開始投入服務之「仁濟醫院—香港浸會大學中醫 診所暨教研中心(深水埗區)」位於長沙灣政府合署,此診 所乃由醫院管理局及本院合作開辦的第三間中醫教研中心, 中心面積約三千平方呎。中心內設有九間診症室,一間評估 室及中藥房。除普通科門診外,中心也提供中醫專家門診服 務,包括內科、男科及針灸科專家門診。為方便市民大眾及 提高服務效率,中心實施中醫病歷電子化、設恒温恒濕的中 藥存倉及設有免煎中藥顆粒及煎藥服務等,備有約500種中草 藥及顆粒,以完善中心服務。為拓展服務,中心更於明愛醫 院及區內鄰近的長者中心提供外展針灸服務,為不同的求診 者提供適切的治療。

中心於2020年3月1日起推出政府資助中醫服務,以期於地 區層面上更好地滿足市民的醫療需要。另外,為應對2019 新型冠狀病毒病疫情,中心亦應醫管局邀請於2020年12月 開展「中醫門診特別診療服務」,為在本港公立醫院接受 2019冠狀病毒病治療後出院的人士,以及完成遵照社區或 家居檢疫隔離令的人士,提供免費的中醫內科門診復康服 務。同時,中心亦於2022年4月起開展「中醫電話諮詢服 務」,派駐註冊中醫師於醫管局電話熱線中心解答市民對中 醫藥方面的查詢,把本院中醫服務進一步推展至不同人士, 突破地域界限。

#### Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Sham Shui Po District)

Situated in Cheung Sha Wan Government Office, the nearly 3,000 ft2 Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Sham Shui Po District) is furnished with 9 consultation rooms, an assessment room and a Chinese Medicine dispensary. This clinic signified a new milestone of our Chinese Medicine service by expanding our network to West Kowloon in 2009. Apart from providing general out-patient service, specialized services for Internal Medicine, Urology and Acupuncture have also been introduced. Additionally, a computerized and centralized database system has been developed for a more efficient management of medical records. The clinic is equipped with a 24-hour temperature-and-humiditycontrolled herb storage room for keeping around 500 different types of Chinese herbs and granules. In order to meet the diversified needs of patients, we provide both traditional Chinese herbs and concentrated Chinese Medicine granules. Modernized herbal decocting and packing machines have also been installed to offer more convenient and efficient services to the patients. In addition, we also provide outreach acupuncture service to in-house patients of Caritas Medical Centre and elderly centres in Sham Shui Po in order to serve more people in need.

In addition, the introduction of Government-subsidised CM service in March 2020 has also better addressed patients' need for primary health care at district level. As invited by Hospital Authority, the clinic has also launched the Special Chinese Medicine (CM) Out-patient Programme for COVID-19 infected persons being discharged from public hospitals or community isolation facilities, as well as those who have completed home isolation order so as to receive complementary COVID-19 relief treatment since December 2020. It provides an alternative rehabilitation treatment in Chinese Medicine for COVID-19 discharged persons.

Same as the YCHCMC (Tsuen Wan District), this clinic has also been invited by Hospital Authority to launch the Chinese Medicine Telephone Enquiry Services since April 2022 by deploying our registered Chinese Medicine Practitioners (CMPs) to station at the call centre of Hospital Authority to answer incoming phone calls of citizens regarding their enquiries of Chinese medicine, of which these add-value services have been extended to different groups of the community amid the epidemic.





仁濟醫院—香港浸會大學中醫診所暨教研中心(深水埗區) 診所之環境

The environment of Yan Chai Hospital - Hong Kong Baptist University Chinese Medicine Clinic cum Training and Research Centre (Sham Shui Po District)



#### 仁濟醫院中銀醫療中心-中醫診所

政府積極推動本地中醫藥發展,為迎合社會對中醫藥服務不 斷增加的需求,本院特於西營盤開辦「中銀醫療中心-中醫 診所上。中心駐診之中醫師均為經過本院高級中醫師選拔的 本地中醫師,為本地中醫師提供更多發展機會。除一般診症 服務外,診所更會為市民提供針對性的診療,如天灸服務。

診所設有中藥房,所有中藥材由藥房主管嚴格挑選,以保證中 醫師可以處方品質上乘的中藥材予市民。為方便市民,中心的 中藥房先後引入免煎中藥顆粒及煎藥服務,以配合不同人士的 需要。由於區內市民對中醫藥服務需求殷切,本院於2016年 獲善長捐助下,增設新診症室及針灸治療室,以縮短現時求診 者的輪候時間,亦可為區內居民提供更全面的中醫服務。

除中醫診症服務外,為今中醫藥保健養生普及化,診所特意 安排註冊中醫師在區內提供中醫健康教育講座,即使於新冠 疫情爆發期間亦透過線上講座方式向大眾灌輸中醫藥保健知 識。與此同時,診所亦備有多款四季皆宜,男女老幼均合用 之保健湯包及花草茶供市民選購,為不同人士提供更快捷方 便的食療選擇。本院素來均以「選料認真、即訂即製」的宗 旨製作保健產品,並以實惠的價錢發售,故一直深受市民大 眾支持。此外,本院更提供網上訂購及各區自負盈虧中醫診 所自取的服務,讓各區人士都可輕鬆選購及享用產品。

此外,診所亦於第五波疫情爆發期間,積極推出各項針對性 的新冠治療計劃,尤其與香港中醫中藥界聯合總會及中醫 藥發展基金合作推展「攜手齊心-中醫藥新冠復康診療計 劃」, 為確診感染 2019 新型冠狀病毒病並已在香港公立醫院 出院,以及完成社區或家居隔離令但仍有病徵的合資格本港 居民,免費提供中醫內科門診服務。同時,診所亦增設恆常 化遙距視像診療服務,方便更多市民安坐家中或於工作間接 受中醫師的診斷,更可選擇以速遞方式收取藥物。

本院更主動與不同團體或組織合作推出藥費資助計劃以幫助 有需要人士,例如於2022年11月,本院獲農本方有限公司慷 慨捐助,推出中藥顆粒藥費補貼計劃,為年滿60歲或以上並 獲診所中醫師處方兩劑或以上之求診者,每次診症可獲港幣 50元的藥費補貼,藉以幫助有需要人士接受專業與優質的中 醫藥服務。

#### Yan Chai Hospital BOC Medical Centre -**Chinese Medicine Clinic**

Situated in Sai Ying Pun, the Yan Chai Hospital BOC Medical Centre - Chinese Medicine Clinic provides out-patient Chinese Medicine and acupuncture services by qualified and experienced Chinese Medicine practitioners. The clinic is well-equipped with a Chinese Medicine dispensary which provides high quality prescribed Chinese herbs and herbal decocting services to patients. The clinic also offers concentrated Chinese Medicine granules as an alternative option for the general public.

In 2016, with the generous support from the donor, we were able to establish an additional consultation room and two acupuncture treatment rooms in the clinic to improve efficiency by shortening the waiting time of patients.

Besides Chinese Medical care services, we host seminars in the community with the aim to promote the prevention of disease from the view of Traditional Chinese Medicine. We have also provided many types of herbal health packs and herbal tea packs to meet different needs of the general public. Even during the COVID-19 epidemic since 2020, we have still arranged different online health talks and seminars for indoctrination of post COVID-19 rehabilitation and relief treatment knowledge to the general public from the perspective of Chinese Medicine.

On the other hand, our products are renowned for its excellent quality at reasonable prices and are thus well-received by the members of public. We have provided different sales channels such as online ordering service, order and pick up at self-financing Chinese Medicine clinics in different districts for customers

Meanwhile, the clinic has proactively launched different types of COVID-19 targeted rehabilitation treatment programmes amid the epidemic, especially the co-organization of "Together We Unite – Chinese Medicine COVID-19 Rehabilitation Scheme" with Hong Kong Chinese Medicine Alliance and Chinese Medicine Fund for those eligible infected COVID-19 local residents being discharged from public hospitals or community isolation facilities, as well as those local residents completing home isolation order for entitling complementary general consultation services. Moreover, the clinic has simultaneously commenced the telemedicine consultation services for the general public regularly, in which the patients could opt for receiving telemedicine consultation either at home or workplace in a convenient way, whilst they could also opt for receiving the Chinese Medicine granules by couriers.

Moreover, we are keen on establishing co-operative networks with different organizations or corporations for launching medical subsidy schemes to the needy. For instance, we are pleased for generous donation from Nong's Co. Ltd. in November 2022 for launching the Nong's Chinese Medicine Granules Subsidy Programme for patients aged 60 or above with prescription of two doses of Nong's Chinese medicine granules by Chinese medicine practitioners of clinic, in which eligible patients could enjoy \$50 subsidy for each consultation under this programme.







The environment of BOC Medical Centre - Chinese Medicine Clinic



花草茶系列 Herbal Tea Packs





保健湯包系列 Herbal Health Packs



#### 仁濟醫院曾卓明中醫痛症中心

於2011年開始投入服務之仁濟醫院曾卓明中醫痛症中心位於 仁濟醫院B座七樓,為求診者提供多元化的中醫服務,包括中 醫推拿、小兒推拿、針灸、敷貼及牽引療法等,為不同程度 的痛症求診者提供合適的治療,有效地紓緩他們的痛楚。在 2016年,中心增設中藥顆粒,為有需要以中藥輔助痛症治療 的求診者提供配劑服務。中心於2018年度增聘註冊中醫師並 加設推拿床,為服務使用者提供更適切的環境,並提升中心 服務素質。為提供更舒適的治療配套,中心亦把針灸床更換 成升降床,以配合長者及行動不便的求診者之需要。同時, 中心亦售賣各種護具,配合求診者的治療需要。

此外,中心亦於第五波疫情爆發期間,積極推出各項針對性的新冠治療計劃,包括與香港中醫中藥界聯合總會及中醫藥發展基金合作推展「攜手齊心-中醫藥新冠復康診療計劃」,為確診感染 2019 新型冠狀病毒病並已在香港公立醫院出院,以及完成社區或家居隔離令但仍有病徵的合資格本港居民,免費提供中醫內科門診服務。同時,中心亦增設恆常化遙距視像診療服務,方便更多市民安坐家中或於工作間接受中醫師的診斷,更可選擇以速遞方式收取藥物。





仁濟醫院曾卓明中醫痛症中心之環境 The environment of Yan Chai Hospital Wilson Tsang Churk Ming Traditional Chinese Medicine (TCM) Pain Treatment Centre

### 仁濟醫院西貢社區中醫診所

在西貢區社區中心的大力支持下,本院於2011年在西貢美源街開設第六間中醫診所,診所由本港註冊中醫師駐診,為西 貢區居民提供一站式中醫普通科門診以及針灸服務。近年, 診所更積極與西貢區社區中心攜手合作,定期安排中醫師於 區內提供義診服務,以配合區內居民對中醫服務的需求。

此外,診所亦於第五波疫情爆發期間,積極推出各項針對性的新冠治療計劃,包括上述與香港中醫中藥界聯合總會及中醫藥發展基金合作推展「攜手齊心-中醫藥新冠復康診療計劃」,為確診感染 2019 新型冠狀病毒病並已在香港公立醫院出院,以及完成社區或家居隔離令但仍有病徵的合資格本港居民,免費提供中醫內科門診服務。同時,診所亦增設恆常化遙距視像診療服務,方便更多市民安坐家中或於工作間接受中醫師的診斷,更可選擇以速遞方式收取藥物。



#### Yan Chai Hospital Wilson Tsang Churk Ming Traditional Chinese Medicine (TCM) Pain Treatment Centre

The Yan Chai Hospital Wilson Tsang Churk Ming Traditional Chinese Medicine (TCM) Pain Treatment Centre is located on 7/F, Block B of Yan Chai Hospital. The clinic provides quality specialized Chinese medical services, including tui-na, pediatric tui-na and acupuncture and cervical vertebra pulling services to cater for various needs of patients who require different levels of pain relief treatment. In 2016, the centre has started to provide Chinese Medicine granules in order to offer more treatment options to patients. One more registered Chinese Medicine practitioners is employed in 2018 to serve our patients. An additional bed for tui-na was also introduced to meet the needs of patients. In order to provide a better environment of treatment, beds with lifting function are introduced to facilitate the treatment for elderly and disabled patients. Different kinds of braces are also being sold to facilitate the medical needs of different patients.

Meanwhile, the clinic has proactively launched different types of COVID-19 targeted rehabilitation treatment programmes amid the

epidemic, especially the co-organization of "Together We Unite – Chinese Medicine COVID-19 Rehabilitation Scheme" with Hong Kong Chinese Medicine Alliance and Chinese Medicine Fund for those eligible infected COVID-19 local residents being discharged from public hospitals or community isolation facilities, as well as those local residents completing home isolation order for entitling complementary general consultation services. Moreover, the clinic has simultaneously commenced the telemedicine consultation services for the general public regularly, in which the patients could opt for receiving telemedicine consultation either at home or workplace in a convenient way, whilst they could also opt for receiving the Chinese Medicine granules by couriers.

## Yan Chai Hospital Sai Kung Community Chinese Medicine Clinic

With the support of Sai Kung Community Centre, the Yan Chai Hospital Sai Kung Community Chinese Medicine Clinic located on 8 Mei Yuen Street, Sai Kung has been set up in 2011. The clinic is our sixth traditional Chinese Medicine clinic which provides outpatient Chinese Medicine and acupuncture services by qualified and experienced registered Chinese Medicine practitioners. The clinic also cooperates with Sai Kung Community Centre to provide free consultation services to local citizens in need regularly.

Meanwhile, the clinic has proactively launched different types of COVID-19 targeted rehabilitation treatment programmes amid the epidemic, especially the co-organization of "Together We Unite—Chinese Medicine COVID-19 Rehabilitation Scheme" with Hong Kong Chinese Medicine Alliance and Chinese Medicine Fund for those eligible infected COVID-19 local residents being discharged from public hospitals or community isolation facilities, as well as those local residents completing home isolation order for entitling complementary general consultation services. Moreover, the clinic has simultaneously commenced the telemedicine consultation services for the general public regularly, in which the patients could opt for receiving telemedicine consultation either at home or workplace in a convenient way, whilst they could also opt for receiving the Chinese Medicine granules by couriers.

